

Vitamin A Serums

Which products are best for your skin?

Sensitive, reactive,
mature, rosacea skin

- [Osmosis MD Calm](#)
- [CosMedix Serum 16](#)
- [Aspect Hydrating Mask](#)

We suggest you begin every 2nd or 3rd night, slowly building your skin's strength. It might take 4-6 weeks.

Oily, congested, acne skin

- [Osmosis MD Calm](#)
- [Osmosis MD Clarify](#)
- [Osmosis MD Correct](#)
- [CosMedix Define](#)
- [Aspect Retinol Brulee](#)
- [Aspect Dr Problem Skin Serum](#)
- [Aspect Dr Exfol A Plus](#)

For some skin concerns such as acne, although oil based, you may need to begin by using Osmosis MD Calm if the skin feels dry rather than oily.

Younger, normal,
combination skin

- [CosMedix Combination Skin Kit](#)
- [Osmosis MD Calm](#)
- [CosMedix Serum 16](#)
- [Aspect Dr Exfol A Plus](#)

Aspect Dr Exfol A Plus

A close friend at work said "you are looking a lot younger - what are you doing to your skin?" I will definitely keep this serum as a keystone of my beauty regime.

Zoe



Ageing, pigmented,
sun-damaged skin

- [Osmosis MD Correct](#)
- [Osmosis MD Renew](#) - progress from Correct
- [CosMedix Refine](#)
- [CosMedix Refine Plus](#) - progress from Refine
- [CosMedix Elite X-Cell +](#)
- [Rejuvaphyl Rejuvenating Complex](#) - low or high strength
- [Rejuvaphyl Pore Perfecting Complex](#)

It is suggested that Vitamin A is used only as part of your evening skin care regime if needed.

It is essential that appropriate [UV protection](#) is worn every day whilst using a Vitamin A serum and for at least a week following the cessation of its use.

We recommend using a nourishing [antioxidant](#) serum daily to assist your A serum in the repair of your skin to optimal healthy function.

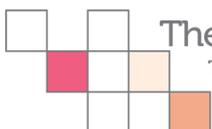
The use of topical Vitamin A whilst pregnant or breastfeeding must first be discussed with your Doctor.

Don't forget, you receive \$15 off your first order!

Still not sure?

Complete the [Online Skin Consultation](#) and our Skin Advisors will happily help you to choose the right treatments and products for your skin type or concern.

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